



Full Length Research Article

EOSINOPHILIA AS AN IMPORTANT INDICATOR OF HOOKWORM INFECTION IN OUR STUDY

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ABSTRACT

Objective: Eosinophilia is commonly reported to occur in hookworm infection. Hence a detailed study was done to highlight the importance of eosinophilia as an important indicator of hookworm infection diagnosed by doing upper gastro intestinal endoscopy.

Methods: A study of 1137 patients who had undergone upper gastro-intestinal endoscopy for a period of four years and eight months from May 2009 to December 2013 was carried out. In each of these 1307 patients, the first and second part of duodenum were carefully examined to find out the presence of hookworms. In all the patients found to have hookworms in duodenum, investigations were done to know about the presence or absence of eosinophilia and the presence of severe eosinophilia. The results were found as given below.

Results: Out of these 1137 patients, 14 patients found to have hookworms in duodenum while doing upper gastro-intestinal endoscopy were taken into consideration for our study. Out of these 14 patients with hookworms in duodenum, as many as 10 patients with hookworms in duodenum were found to have eosinophilia [71%]. Severe eosinophilia was found in 4 out of 10 patients with eosinophilia (40%). 4 patients did not have any eosinophilia [29%].

Conclusion: Hence, eosinophilia occurs commonly in patients with hookworm infection. Severe eosinophilia also occurs in significant number of patients with hookworm infection. Hence eosinophilia and severe eosinophilia is an important indicator of hookworm infection.

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INTRODUCTION

Eosinophilia occurs very commonly in hookworm infection (1 to 13). Hence a detailed study was done to highlight the importance of eosinophilia as an important indicator of hookworm infection diagnosed by doing upper gastro intestinal endoscopy.

MATERIALS AND METHODS

This study was conducted in the department of general surgery, Aarupadai Veedu Medical College and Hospital, Puducherry. A study of 1137 patients who had undergone upper gastro-intestinal endoscopy for a period of four years and eight months from May 2009 to December 2013 was carried out. In each of these 1137 patients, the first and second part of duodenum were carefully examined to find out the presence of hookworms. In all the patients found to have

hookworms in duodenum, investigations were done to know about the presence or absence of eosinophilia and severe eosinophilia and investigations were done to know about the presence or absence of anaemia. Anaemia is defined as haemoglobin < 12g/dl or 12g% in women and haemoglobin < 13g/dl or 13g% in men. Mild anaemia is taken as haemoglobin 10 to 12g/dl or g%, moderate anaemia is taken as haemoglobin 7 to 10g/dl or g% and severe anaemia is taken as haemoglobin < 7g/dl or g%. Eosinophilia is defined as eosinophils > or = 500 cells/cu.mm (14). Severe eosinophilia is defined as eosinophils > 1000 cells/cu.mm (4). The results were found as given below.

RESULTS

1. Out of these 1137 patients, 14 patients found to have hookworms in duodenum while doing upper gastro-intestinal endoscopy were taken into consideration for our study.
2. Out of these 14 patients with hookworms in duodenum, 4 patients did not have any eosinophilia [29%].

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3. Out of these 14 patients with hookworms in duodenum, as many as 10 patients with hookworms in duodenum were found to have absolute eosinophil count $>$ or $=$ 500 cells/cu.mm or eosinophilia [71%].
4. 6 out of 10 patients with eosinophilia had absolute eosinophil count between 500 cells/cu.mm and 1000 cells/cu.mm.
5. 4 out of 10 patients with eosinophilia (40%) had absolute eosinophil count $>$ 1000 cells/cu.mm or severe eosinophilia

DISCUSSION

Absence of both eosinophilia and anaemia [1 patient]

1. One patient with hookworm infection in our study neither had eosinophilia [absolute eosinophil count - 160 cells/cu.mm] nor had anaemia [haemoglobin - 14 g%].
2. Eosinophilia only peaks at 5 to 9 weeks after the onset of infection, a period that coincides with the appearance of adult hookworms in the intestine (15).
3. Hence eosinophilia will not be present in the early stage of hookworm infection before 5 to 9 weeks after the onset of infection.

Absence of eosinophilia and presence of anaemia [3 patients]

1. 2 patients had mild anaemia without eosinophilia [1. haemoglobin 11.2 g%, absolute eosinophil count - 396 cells/cu.mm 2. haemoglobin 10 g%, absolute eosinophil count - 364 cells/cu.mm].
2. Single hookworm in duodenum found in the patient with mild anaemia [haemoglobin 10 g%] without eosinophilia [absolute eosinophil count - 364 cells/cu.mm] is shown in Fig 1.
3. The hookworm in duodenum is identified by its bent head which looks like a hook (Fig 1) and by its S-shaped appearance (16) (Fig 1).
4. Severe anaemia without eosinophilia was present in one patient in our study [haemoglobin 2.1 g%, absolute eosinophil count - 366 cells/cu.mm].

Mild eosinophilia [6 patients]

1. 6 out of 10 patients with eosinophilia had absolute eosinophil count between 500 cells/cu.mm and 1000 cells/cu.mm.
2. Single hookworm in duodenum with eosinophilia [absolute eosinophil count - 858 cells/cu.mm] seen in a patient in our study is shown in Fig. 2. The hookworm in duodenum is identified by its bent head which looks like a hook (Fig. 2) and by its S-shaped appearance (16) (Fig. 2).
3. Single hookworm in duodenum with eosinophilia [absolute eosinophil count - 870 cells/cu.mm] seen in a patient in our study is shown in Fig. 3. The hookworm in duodenum is identified by its bent head which looks like a hook (Fig. 3) and by its S-shaped appearance (16) (Fig. 3).
4. Hence eosinophilia is an important indicator of hookworm infection.

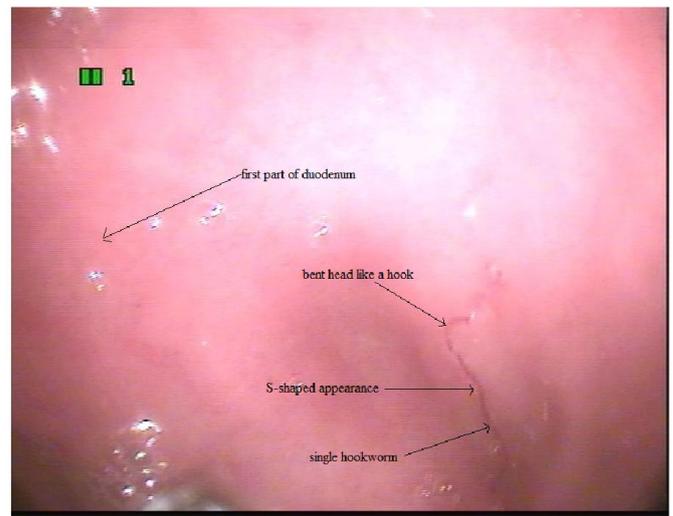


Fig. 1. Single hookworm in duodenum with its bent head like a hook and S-shaped appearance with mild anaemia [haemoglobin 10 g%] without eosinophilia [absolute eosinophil count - 364 cells/cu.mm]

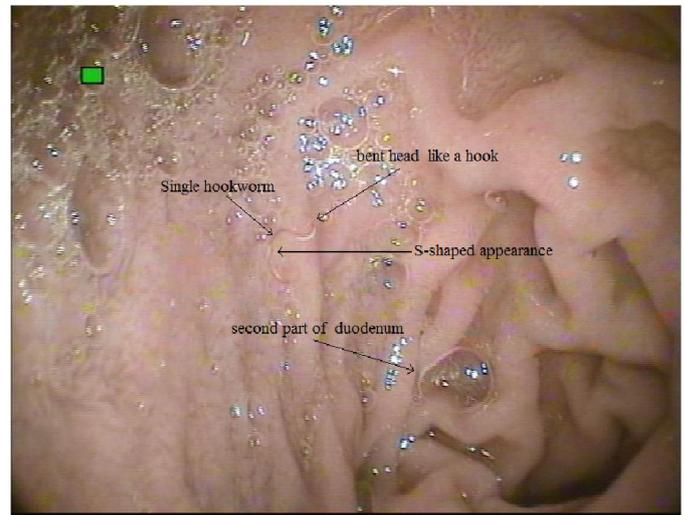


Fig. 2. Single hookworm in duodenum with its bent head and S-shaped appearance in a patient with eosinophilia [absolute eosinophil count - 858 cells/cu.mm]



Fig. 3. Single hookworm in duodenum in a patient with its bent head and S-shaped appearance with eosinophilia [absolute eosinophil count - 870 cells/cu.mm]

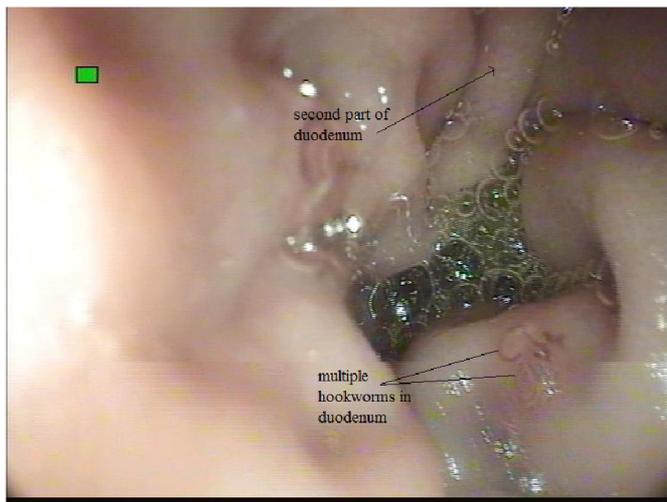


Fig. 4. Multiple hookworms in duodenum in a patient with severe eosinophilia [absolute eosinophil count – 1248 cells/cu.mm]

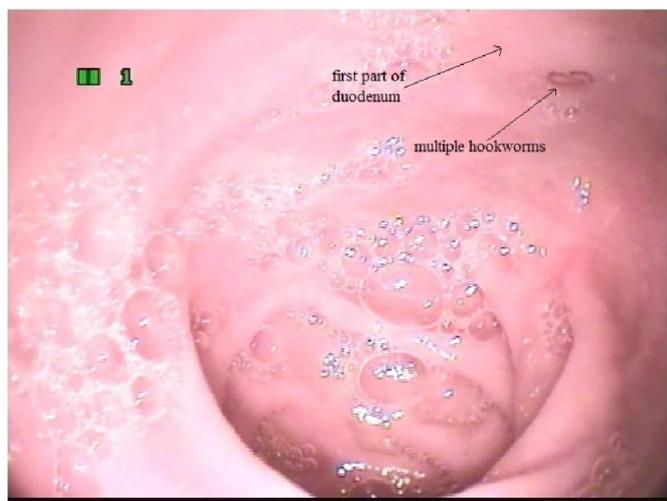


Fig. 5. Multiple hookworms in duodenum in a patient with severe eosinophilia [absolute eosinophil count - 1100cells/cu.mm]

Severe eosinophilia [4patients]

4 out of 10 patients with eosinophilia (40%) had absolute eosinophil count >1000 cells/cu.mm or severe eosinophilia.

a. Severe eosinophilia without anaemia [1patient]

One patient with severe eosinophilia with hookworm infection did not have anaemia (haemoglobin 18g%, absolute eosinophil count - 1000 cells/cu.mm).

b. Severe eosinophilia with anaemia [3 patients]

1. Severe eosinophilia occurring along with mild anaemia was present in one patient in our study (haemoglobin 11.7g%, absolute eosinophil count - 1248 cells/cu.mm). Multiple hookworms in duodenum with severe eosinophilia [absolute eosinophil count - 1248 cells/cu.mm] and with mild anaemia (haemoglobin 11.7g %) seen in this patient is shown in Fig4.

2. Severe eosinophilia with moderate anaemia was present in one patient in our study (haemoglobin 8.6g%, absolute eosinophil count - 1260 cells/cu.mm).
3. Severe eosinophilia with severe anaemia was present in one patient in our study (haemoglobin 3.2g%, absolute eosinophil count - 1100 cells/cu.mm). Multiple hookworms in duodenum seen in a patient with severe eosinophilia (absolute eosinophil count - 1100 cells/cu.mm) is shown in Fig5.
4. Hence severe eosinophilia is an important indicator of hookworm infection.

Conclusion

1. Eosinophilia only peaks at 5 to 9 weeks after the onset of infection, a period that coincides with the appearance of adult hookworms in the intestine.
2. Hence eosinophilia will not be present in the early stage of hookworm infection before 5 to 9 weeks after the onset of infection.
3. Out of 14 patients with hookworms in duodenum, as many as 10 patients with hookworms in duodenum were found to have eosinophilia [71%] as per our study.
4. Hence, eosinophilia occurs commonly in patients with hookworm infection as per our study. Hence eosinophilia is an important indicator of hookworm infection.
5. Severe eosinophilia was found in 4 out of 10 patients with eosinophilia (40%) in our study.
6. Hence severe eosinophilia also occurs in a significant number of patients with hookworm infection as seen in our study. Hence severe eosinophilia is an important indicator of hookworm infection.

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